

► **Outline**

*Then the frightened woman, trembling at the realization of what had happened to her, came and fell to her knees in front of Him and told Him what she had done.*  
**Mark 5:33 (NLT)**

**When facing a situation filled with fear...**  
**(Mark 5:25-34)**

1. \_\_\_\_\_ **physical suffering.**  
**(Mark 5:25-26. C/R: Leviticus 15:25-28; Revelation 21:4)**

2. \_\_\_\_\_ **out to Christ.**  
**(Mark 5:27-29. C/R: Hebrews 11:6)**

3. \_\_\_\_\_ **the words of Christ.**  
**(Mark 5:30-34. C/R: John 6:37; Romans 15:7)**

**Answers:** 1. Recognize 2. Reach 3. Receive

**Resource Information:** Scripture quotations marked (NLT) are taken from the *Holy Bible*, New Living Translation, copyright © 1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, a Division of Tyndale House Ministries, Carol Stream, Illinois 60188. All rights reserved. C/R refers to a 'cross reference.' Today's outline and discussion guide are available through the Brookwood Church app.

# ENCOUNTERS with Christ

## A Trembling Encounter Message 8

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August 22, 2021

### ► Discussion Guide

Use this guide by yourself or with friends to pursue a deeper relationship with Jesus. To connect with others, visit [brookwoodchurch.org/adults](http://brookwoodchurch.org/adults).

#### Conversation Starter

Describe a time you felt inadequate.

#### Begin your study with prayer

Pause for a few minutes to quiet your heart and mind. Ask God for insight and direction as you study and reflect on this week's lesson.

#### Bible Study and Group Discussion

Read [Mark 5:25-34](#).

1. What would you consider the worst of this woman's problems – physical suffering, being financially drained, being a social outcast, always being religiously impure, or guilt and shame?
2. What kinds of doubts or feelings toward God may have arisen in those 12 years?
3. Why do you think God allows suffering?
4. How has physical suffering affected your relationship with God and others?
5. The woman spent all of her money and a great deal of effort to end her suffering. Do you think taking medicine and seeking medical treatment demonstrates a lack of faith? Why or why not?
6. How can we genuinely have hope without denying our pain or trying to escape it?

7. When have you experienced God in times of suffering?
8. When do you remember being the most desperate for God's help?
9. How can you keep growing spiritually during extended periods of pain, trial or suffering?
10. The woman reached out to Jesus for help. In what way is God inviting you to reach out to Him now?
11. Does this passage of Scripture leave you feeling closer to God or further away? Explain.

#### Spiritual Practice

*A spiritual practice is like training for the soul. If you build these into your everyday life, you're sure to strengthen your relationship with God.*

Commit to the Daily Reading this week. Ask God to speak to you in His Word.

#### Memory Verse

*"However, those the Father has given Me will come to Me, and I will never reject them."*

[John 6:37 \(NLT\)](#)

#### Daily Reading

Day 1: [Leviticus 15:25-28](#)

Day 4: [Luke 6:17-19](#)

Day 2: [Revelation 21:1-5](#)

Day 5: [Ezekiel 47:6-12](#)

Day 3: [Psalm 13:1-6](#)

#### Prepare for Next Sunday

Next Sunday, August 29, we'll continue our series *Encounters with Christ*.

To prepare read [Mark 8:27-33](#).



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